Overton School menu 2023-24

Autumn Term

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Main  Homemade Mixed vegetable and egg fried rice with sweet chilli chicken pieces | Main  Fresh filled baguettes with a selection of fillings, crisps and salad | Main  Roast Chicken, Yorkshire pudding, roast potatoes and selection of fresh vegetables | Main  Homemade Chicken fajita wrap with peppers and onions and salad | Main  Fish and Chips, beans or garden peas |
| Vegetarian  Homemade Mixed vegetable and egg fried rice with sweet chilli Quorn pieces | Vegetarian  Fresh filled baguettes with a selection of fillings, crisps and salad | Vegetarian  Vegetarian Roast, Yorkshire pudding, roast potatoes and selection of fresh vegetables | Vegetarian  Homemade Mixed vegetable fajita wrap with peppers and onions and salad | Vegetarian  Vegetable bake and chips, beans or garden peas |
| Jacket Potato and Salad | Jacket Potato and Salad | Jacket Potato and Salad | Jacket Potato and Salad | Jacket Potato and Salad |
| Dessert  Homemade Pink Jam and coconut slice  Or  selection of fresh fruit | Dessert  Homemade fresh berries cheesecake  Or  selection of fresh fruit | Dessert  Ice-Cream  Or  selection of fresh fruit | Dessert  Homemade Apple crumble and custard  Or  selection of fresh fruit | Dessert  Homemade Sticky toffee sponge and custard  Or  selection of fresh fruit |

Week B