Overton School menu 2023-24

 Autumn Term

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| Monday | Tuesday | Wednesday |  Thursday | Friday |
| MainHomemade Mixed vegetable and egg fried rice with sweet chilli chicken pieces | MainFresh filled baguettes with a selection of fillings, crisps and salad | MainRoast Chicken, Yorkshire pudding, roast potatoes and selection of fresh vegetables | MainHomemade Chicken fajita wrap with peppers and onions and salad | MainFish and Chips, beans or garden peas |
| VegetarianHomemade Mixed vegetable and egg fried rice with sweet chilli Quorn pieces | VegetarianFresh filled baguettes with a selection of fillings, crisps and salad | VegetarianVegetarian Roast, Yorkshire pudding, roast potatoes and selection of fresh vegetables | VegetarianHomemade Mixed vegetable fajita wrap with peppers and onions and salad | VegetarianVegetable bake and chips, beans or garden peas |
| Jacket Potato and Salad | Jacket Potato and Salad | Jacket Potato and Salad | Jacket Potato and Salad | Jacket Potato and Salad |
| Dessert Homemade Pink Jam and coconut sliceOr selection of fresh fruit | DessertHomemade fresh berries cheesecakeOr selection of fresh fruit | DessertIce-CreamOr selection of fresh fruit | DessertHomemade Apple crumble and custardOr selection of fresh fruit | DessertHomemade Sticky toffee sponge and custardOr selection of fresh fruit |

Week B